


Product list



Shakes

Banana
Cappuccino
Chocolate
Chocolate Mint
Lactose-Free Chocolate
Lactose-Free Vanilla
Strawberry
Vanilla

Soups

Chicken & Mushroom
Leek & Potato
Goulash
Oriental Chilli
Vegetable with Croutons

Porridge

Apple & Cinnamon
Original
Mixed Berry

Bars

Banoffee
Cherry Bakewell
Chocolate Chewy
Chocolate Mint Crunch
Chocolate & Orange Fusion
Lemon Yoghurt
Peanut Crispy
Strawberry & Apple Yoghurt
Toffee Chewy

Bites

Choc Mint Bites
Salted Caramel Bites

Shake'n'Go

Chocolate
Latte

Savoury Meals

Macaroni Cheese
Spaghetti Bolognese
Thai Green Style Curry with Noodles
Chicken Tikka Style Curry
Cottage Pie
Green Pesto Flavour Pasta

Smoothies

Apple & Blackcurrant
Cherry & Strawberry
Breakfast Smoothie with Oats

Total Diet Replacement Shakes and Soups

Banana
Chocolate
Strawberry
Vanilla
Chicken and Mushroom

Porridge

Original

Bars

Lemon Yoghurt
Peanut Crunch

Water Flavourings

Golden Vegetable
Lemon & Lime
Orange
Pineapple
Raspberry & Elderflower

Step Up® Meals

Beef Casserole
Beef Kofta Curry & Rice
Veggie Chilli with Potato Wedges
Giant Couscous Salad
Pearl Barley Risotto

Snacks

Salt & Vinegar Fava Beans
Sour Cream & Chive Fava Beans
Chilli & Lime Fava Beans

Extras

Cambridge Fibre
Mix-a-Mousse